

# Food & Nutrition Services

# **Welcome Back!**

We look forward to serving you this year!

#### What is included in a meal?

**Lunch** is offered at all schools. Students may choose from 1% white milk, 100% fruit juice, items from the fresh fruit and vegetable bar, and a variety of main entrée items. All grain products are whole grain.

In order to count as a reimbursable USDA school lunch meal – of the five food groups offered (milk, fruit, vegetable, grain, meat and meat alternative) students must take what amounts to three servings out of the five groups, and a fruit or vegetable serving is required to be one of the three choices. If students choose differently than that the food will be charged at individual food item pricing rather than a meal price.

**Breakfast** is offered at all schools except Commodore Options School. Students may choose from 1% white milk, 100% fruit juice, fresh fruit, and a variety of breakfast entrée items. All grain products are whole grain.

In order to count as a reimbursable USDA school breakfast meal – of the four food groups offered (milk, fruit, grain, meat and meat alternative) students must take what amounts to three servings out of the four groups, and a fruit serving is required to be one of the three choices. If students choose differently than that the food will be charged at individual food item pricing rather than a meal price.

#### Ala Carte Foods

At Bainbridge High School and Woodward Middle School ala carte food items are available for purchase in addition to the school meal. Ala carte items may include milk, fruit, juice, water, additional entrees, baked chips, cookies, etc.

# **Lunch Prepayment**

You can make an online payment using InTouch, just like you pay for other school fees.

- Go to a school website, in the site shortcuts select student fee (online payment).
- o Login using your Family Access username and password.
- o Prepay online with a credit or debit card.

Students may also bring cash or checks (made payable to "your school, food service") to the school office or to a food service staff member at lunch.

# Free & Reduced-Priced Meal Applications

Bainbridge Island School District offers free and reduced-priced meals to eligible students through the National School Lunch Program and other district benefits. This program is confidential and easy to apply.

### How to apply:

- Fill out the 2023-24 form from your school, online in Family Access, or download from our website, bisd303.org. You may apply at any time during the school year.
- A new application must be filled out each year.
- Use one application for all the students in your household.
- Return your completed application to your child's school, the District Office or mail to:

Bainbridge Island School District Food & Nutrition Services 8489 Madison Ave. NE Bainbridge Is., WA 98110

- If you qualified last year, eligibility carries forward for the first 30 days of the new school year. After 30 days, school meals revert to full price unless a new qualifying application is submitted. Charges that accrue before a new application is approved are the responsibility of the parent/guardian to pay.
- Applications will be reviewed as quickly as possible, and a notification letter will be sent to your home stating the results of the determination.
- If you need an application in an alternate language, please email (NutritionServices@bisd303.org) or call us (206.780.1844)

Please let us know if you have any questions or if we can assist in any way.

email: NutritionServices@bisd303.org

## Nondiscrimination Statement

Bainbridge Island School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression, gender identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. For questions, please contact Civil Rights Coordinator, Erin Murphy at emurphy@bisd303.org.

This institution is an equal opportunity provider